

# 1-DAY EQUINE THERAPY CLINIC WITH TIM HAYES

Natural Horsemanship Clinician & Author of *RIDING HOME: The Power of Horses to Heal*



## Benefit Fundraiser for Wild Hearts Therapeutic Equestrian Program



**HORSES FOR HEROES**  
WILD HEARTS THERAPEUTIC EQUESTRIAN PROGRAM



**Sunday, October 6, 2019**

**10 AM – 4 PM**

**Indian Creek Stables  
96 Indian Street, Carver, MA**

**Indoor Arena – Rain or Shine!**

**For more info or to register contact Julie Lovely  
508.857.1737 or [jlovely@wildheartstherapeutic.org](mailto:jlovely@wildheartstherapeutic.org)**

Excellent for all equine assisted activity and therapy providers, instructors, support and administrative staff, social service workers, parents, military veterans, mental health professionals working with PTSD, divorce and childhood traumas, addiction, autism, at risk youth, and anyone interested in Horses, Humans & Healing.

**Groundwork Only – No Riding**

**\$250 per participant – 12 participants maximum – Horses Available – Lunch Provided**

**Audit for \$25/per person (\$45 with book talk & signing with Tim Hayes)**



**Approved for PATH, Intl Continuing Education Credits!**

**Earn 6 CE or 6 core ESMHL**



**5:00 PM – 6:00 PM**

***Be sure to stay for the  
Book Talk, Q&A, & Signing  
with author, Tim Hayes!***

***(Included with clinic fee or  
\$20 per person for auditors  
and all others.)***

### CLINIC PROGRAM

**Body Language:** How Horses Read Humans – How Humans Read Horses

**Emotions:** Experience the Horse with you as the Client or Patient

**Attitudes:** Anger, Assertiveness, Frustration, Shame, Patience, Fear

**Breakthroughs:** Self-Awareness, Self-Acceptance, Emotional Wounds

**Human Coping Skills:** True Self vs. False Self, Ineffective Tools from Childhood

**Equine Coping Skills:** Hyper-Vigilance, Herd Dynamics

**Groundwork Exercises:** Establish Love, Trust and Respect.

**The 4 Reasons a Horse Says No**

**Gentleness vs. Firmness:** Which One, How Much and When

**Know Your Horse's State of Mind:** Develop More Compassion